



## ONS/MECC Symptom Management for Oncology Nurses

June 3-5, 2008

Larnaca, Cyprus – Lordos Beach Hotel

### Day 1- June 3, 2008

- 9:00-9:05      **Welcome remarks**  
ONS presenters and staff  
Ms. Georgia Cusack, RN MS AOCN®  
Ms. Arlene Davis, RN MSN AOCN®  
Mr. Len Mafrica, MBA, CAE  
Ms. Kate Shaughnessy, BA
- 9:05-9:25      **MECC Introduction**
- 9:25-10:30      Ice breaker activity, introduction of participants  
large group assessment/discussion of where participants' institutions are in their  
symptom management procedures/resources
- 10:30-11:00      Coffee break
- 11:00-12:00      **5 Models of Exemplary Leadership**  
Interactive discussion intermixed with didactic instruction of the 5 Models of Exemplary  
Leadership: Model the Way, Inspire a Shared Vision, Challenge the Process, Enable  
Others to Act, Encourage the Heart. Participants who attended the Leadership training  
in December can volunteer as group leaders; however, the application of these integral  
concepts will be tailored in a new way for this conference.
- 12:00-13:30      Lunch
- 13:30-14:30      **Strategic Leadership in Action**  
Interactive discussion intermixed with didactic instruction on the topic of advocating  
for/acting as an effective change agent within your institution. Discuss methods and  
best practices when implementing procedural changes.
- 14:30-15:00      Coffee break

- 15:00-15:30 **Evidence Based Practice and Nursing-Sensitive Patient Outcomes**  
 Didactic overview of ONS's "Putting Evidence into Practice" (PEP) Nursing-Sensitive Patient Outcomes.
- Definition of evidence-based practice and nursing-sensitive patient outcomes
  - How the evidence was identified, evaluated and ranked
  - How individual interventions were chosen for each symptom area
- 15:30-17:30 **Dealing with Death: an interactive lecture**  
 Lynne Halamish, MA, CT

**Day 2- June 4, 2008**

- 9:00-9:30 Ice breaker/discussion/questions from previous day
- 9:30-11:00 **Symptom Assessment and Management: Dyspnea, Fatigue, Prevention of Infection**
- 9:30 Dyspnea
- Participant discussion of current practice (5 minutes)
  - Didactic presentation of etiology, assessment and interventions including case Study (15 minutes)
  - Participant retention game (5 minutes)
  - Question and answer (5 minutes)
- 10:00 Fatigue
- Participant discussion of current practice (5 minutes)
  - Didactic presentation of etiology, assessment and interventions including case study (15 minutes)
  - Participant retention game (5 minutes)
  - Question and answer (5 minutes)
- 10:30 Prevention of Infection
- Participant discussion of current practice (5 minutes)
  - Didactic presentation of etiology, assessment and interventions including case study (15 minutes)
  - Participant retention game (5 minutes)
  - Question and answer (5 minutes)
- 11:00-11:30 Coffee break
- 11:30-13:00 **Symptom Assessment and Management: Nausea & Vomiting, Anorexia, Mucositis**
- 11:30 Nausea and Vomiting
- Participant discussion of current practice (5 minutes)
  - Didactic presentation of etiology, assessment and interventions including case study (15 minutes)
  - Participant retention game (5 minutes)
  - Question and answer (5 minutes)
- 12:00 Anorexia
- Participant discussion of current practice (5 minutes)

- Didactic presentation of etiology, assessment and interventions including case study (15 minutes)
  - Participant retention game (5 minutes)
  - Question and answer (5 minutes)
- 12:30 Mucositis
  - Participant discussion of current practice (5 minutes)
  - Didactic presentation of etiology, assessment and interventions including case study (15 minutes)
  - Participant retention game (5 minutes)
  - Question and answer (5 minutes)
- 13:00-14:30 Lunch
- 14:30-16:00 **Symptom Assessment and Management: Pain, Caregiver Strain & Burden, Depression**
  - 14:30 Nausea and Vomiting
    - Participant discussion of current practice (5 minutes)
    - Didactic presentation of etiology, assessment and interventions including case study (15 minutes)
    - Participant retention game (5 minutes)
    - Question and answer (5 minutes)
  - 15:00 Anorexia
    - Participant discussion of current practice (5 minutes)
    - Didactic presentation of etiology, assessment and interventions including case study (15 minutes)
    - Participant retention game (5 minutes)
    - Question and answer (5 minutes)
  - 15:30 Mucositis
    - Participant discussion of current practice (5 minutes)
    - Didactic presentation of etiology, assessment and interventions including case study (15 minutes)
    - Participant retention game (5 minutes)
    - Question and answer (5 minutes)
- 16:00-16:15 Coffee break
- 16:15–16:30 Explanation of the individual implementation process that each participant will develop tomorrow through small group discussion
- 16:30-18:00 **Death in the Eyes of the Child – the child's grief process**  
Lynne Halamish, MA, CT

**Day 3- June 5, 2008**

- 9:00-9:30 Retention exercise/questions from yesterday

- 9:30-10:30     **Implementation plan development**  
Participants will work in small groups to develop individual implementation plans for the nursing-sensitive patient outcomes addressing symptom management
- 10:30-11:00    Coffee break
- 11:00-11:45    **Implementation Plan Feedback**  
Each participant briefly articulates their personal implementation plan with the large group
- 11:45-12:15    **Overview of PEP resources and closing remarks from ONS**  
There are many resources available on the ONS website and through the *Clinical Journal of Oncology Nursing*
- 12:15-13:30    Lunch
- 13:30-15:00    **Participant-driven interactive case study on handling situations that bring intense feelings of helplessness**  
Lynne Halamish, MA, CT
- 15:00-15:30    Presentation of certificates and closing remarks from Prof. Silbermann