

An aerial photograph of a city, likely Jerusalem, showing a large, multi-story hospital building with a prominent tower in the foreground. The city is built on a hillside, and the background shows more buildings and greenery under a clear sky.

Palestinian Authority  
Augusta Victoria Hospital  
(Jerusalem)

Pediatric Oncology Department

**Burnout Among Nurses Who  
Treat Pediatric Cancer Patients**

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# Objectives

- Describe the manifestation of burn out among pediatric oncology nursing
- Address the factor that cause burnout
- Discuss the ways to prevent and deal with burnout

# Introduction

- Not only do patients and their families suffer distress when confronting terminal illness (like cancer,...etc) but so do those who care for them.
- Pediatric oncology patients suffer a lot from being diagnosis till management.
- Pediatric oncology nursing is a stressful profession

# Factors that associate with burnout

- The most stressful experience for these nurses is the death of the patients , with whom the nurses has developed close relationship, and the consequent grieving reaction .Such losses are inevitable.

Repetitive exposure to the death of the patients has been found to be an important factor in the professional burnout.

## Other factors

- of helplessness when watching a patient death suffer without being able to do anything about relapse or sudden death of a favorite patient
- Work overload

- Time pressure.  
lack of control in working planning.  
The level of participation in decision making, lack of support from colleague and work related conflicts were significantly related to feelings of burnout.

# Consequences

- We all have bad days but we thanks God so much, we don't have them in the same day !
- The more formal Venues , such the rounds or chemo meetings , are not just meeting where we take about what therapy some ones on , they become , "oh my God .he is 8 years old sweaty, clever, active ,funny and he has cancer".
- I think having sit times when we can discuss these issues stops us working in isolation .

- Alternatively some children may become special for nurses , usually because of personal experiences of these children may arouse over involvement .
- In caring with cancer children , the question is how to remain remote enough to be able to think and function yet close enough to be relate.
- In other words , to show detached concern .

# The impacts of burnout

- On the individual, team and on patients and their families
- The result is energy loss, idealism, and enthusiasm coupled with feeling of futility and dissatisfaction with the work
- It is disruptive and leading to serially compromised interaction with work setting
- This disquiet associated with burnout at work can be carried home and severely affect home life

# Summary

- Burnout is challenging in pediatric oncology
- Psychological distress and depersonalization are essential areas which should be considered
- We should invest in Research and training, clinical, education and counseling to decrease such burden of burnout

A person is skydiving over a large body of water. The skydiver is in the lower right quadrant, with their parachute fully deployed and a large, light-colored canopy visible in the upper right. The water is a deep green color, and the sky is clear blue. The shoreline on the left is rocky and covered with driftwood. The text "Thank you..." is overlaid in the center of the image in a large, stylized font.

**Thank you...**