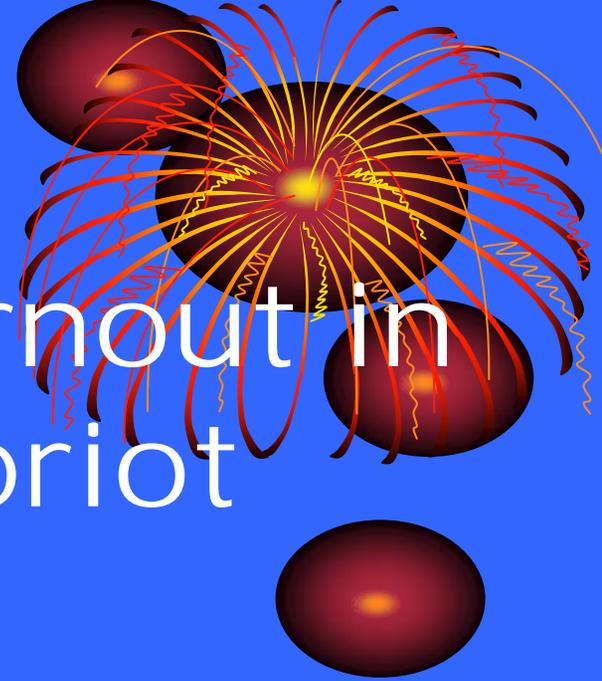


MIDDLE EAST CANCER CONCORTIUM

Workshop on the stresses of working
with cancer patients
Cyprus, June, 22-24, 2007

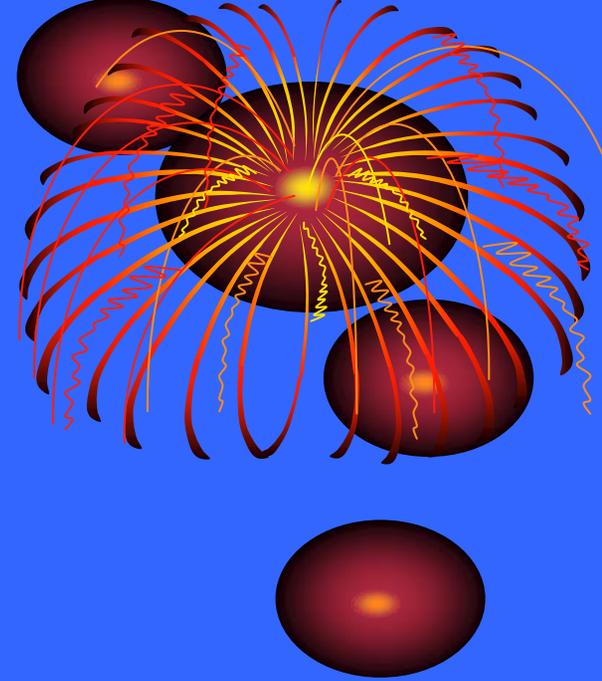
The problem of burnout in the Hospice- A Cypriot experience



Sophia Nestoros Pantekhi
The Cyprus Anticancer Society

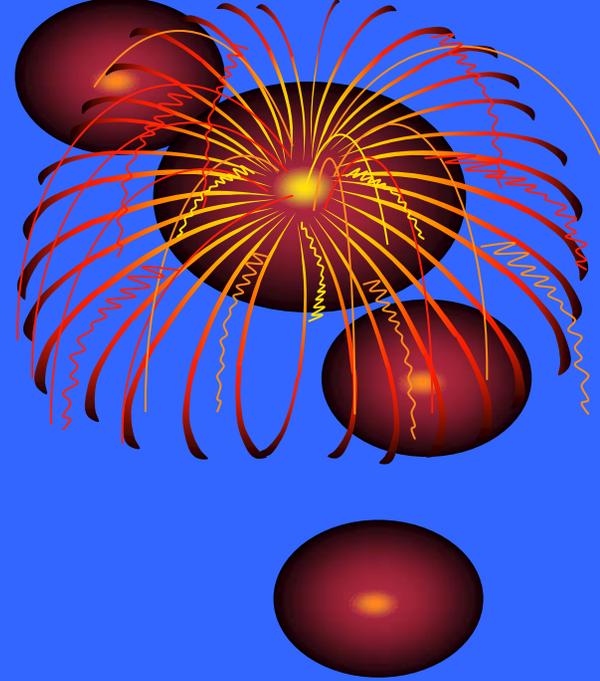
The plan

- History of the hospice
- Metamorphosis
- The problem of burnout among professionals



ARODAPHNOUSA HOSPICE

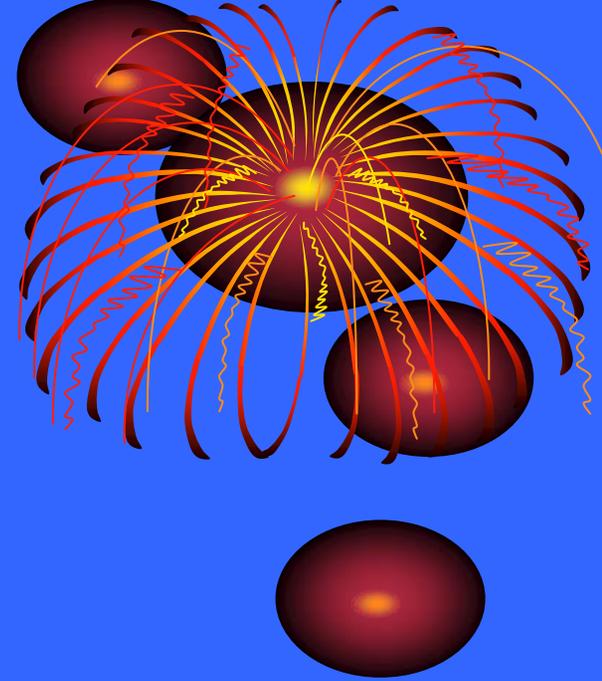
1976 - 2007







- 1976 - Nursing Care
- 1992 - A visit to St. Christopher
- 1996 - Social Worker
- 1998 - Psychologist
- 1999 - Doctor



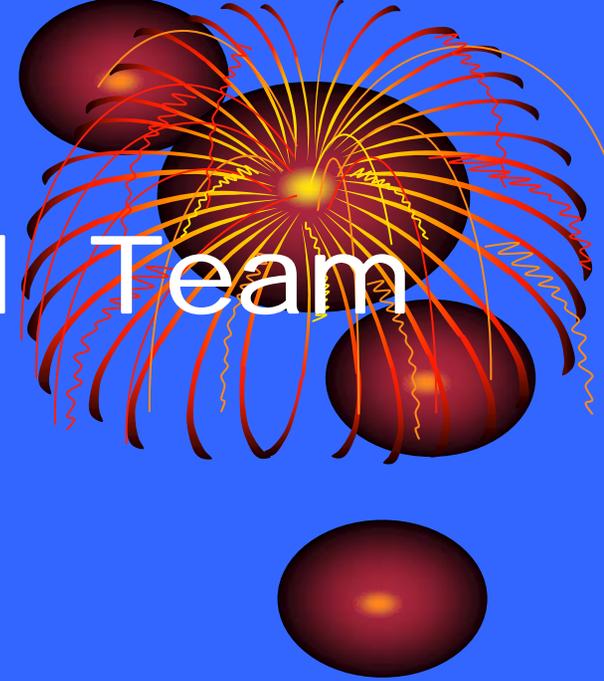


ΑΝΤΙΚΑΡΚΙΝΙΚΟ
ΣΥΝΔΕΣΜΟΣ ΚΥΠΡΟΥ
ΜΕΛΟΣΤΑ ΚΟΥΤΙΛΗ
Προϊσταμένη Αθήνας



2000

A Multiprofessional Team



- Two Doctors
- Nurses (22)
- Two Psychologists
- A Social Worker
- A Physiotherapist
- An Aromatherapist



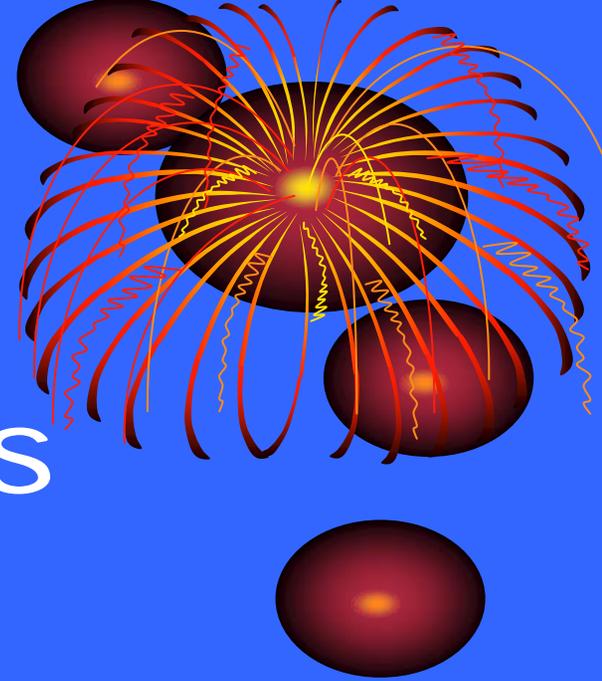


ΚΕΝΤΡΟ ΑΝΑΚΟΥΦΙΣΤΙΚΗΣ
ΦΡΟΝΤΙΔΑΣ
"ΡΟΔΑΦΝΟΥΣΑ"





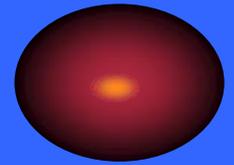
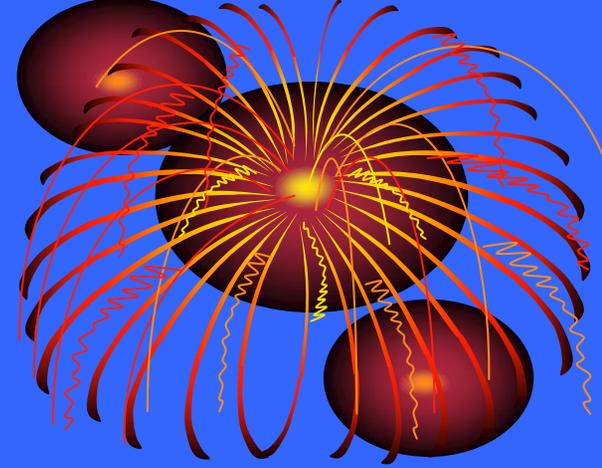
The need for Needs
assessment study.



Needs of the Carers??

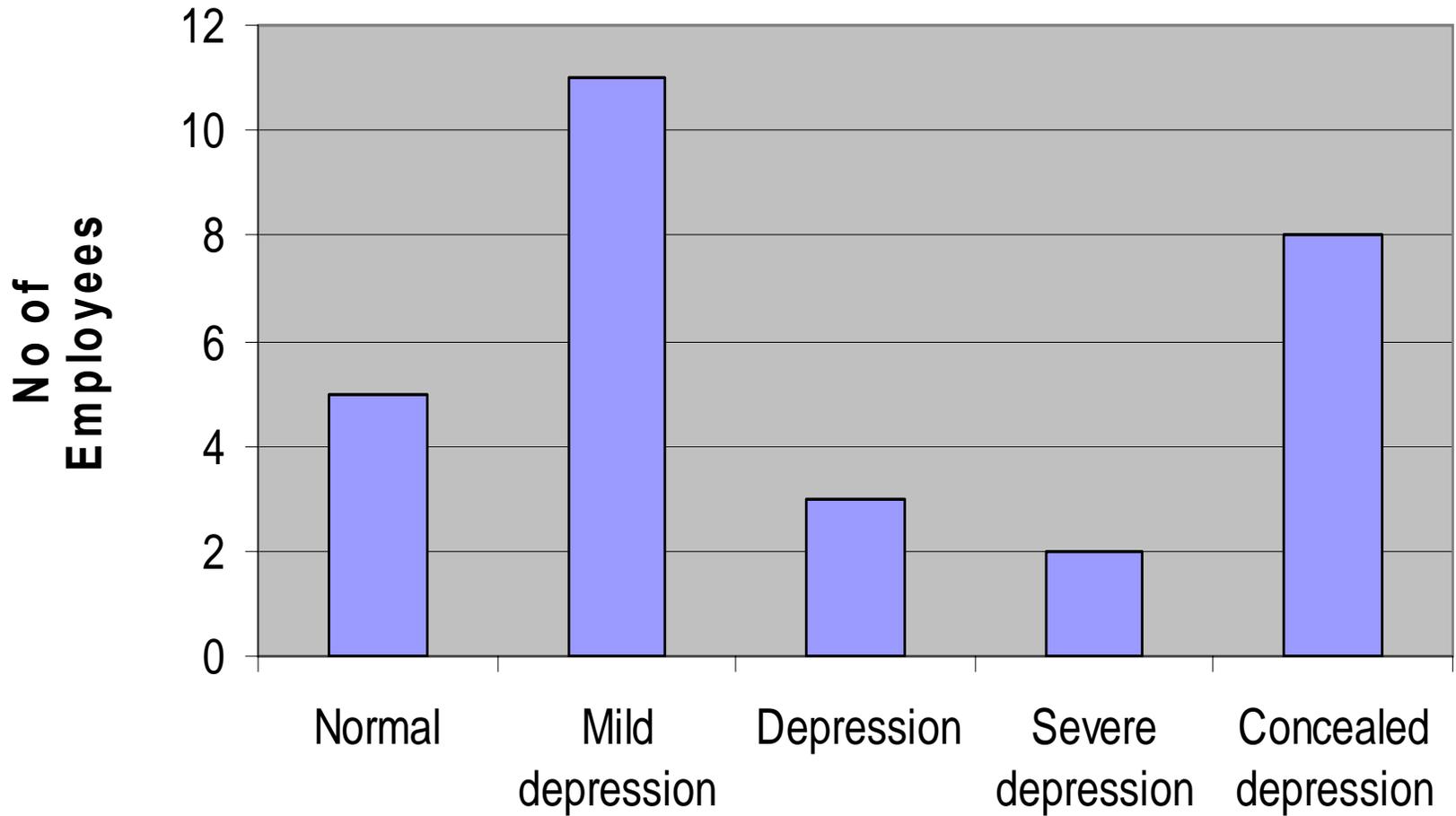
Suggestions

- Educational programs
- Support programs
- The role of the professionals in the team
- Free time

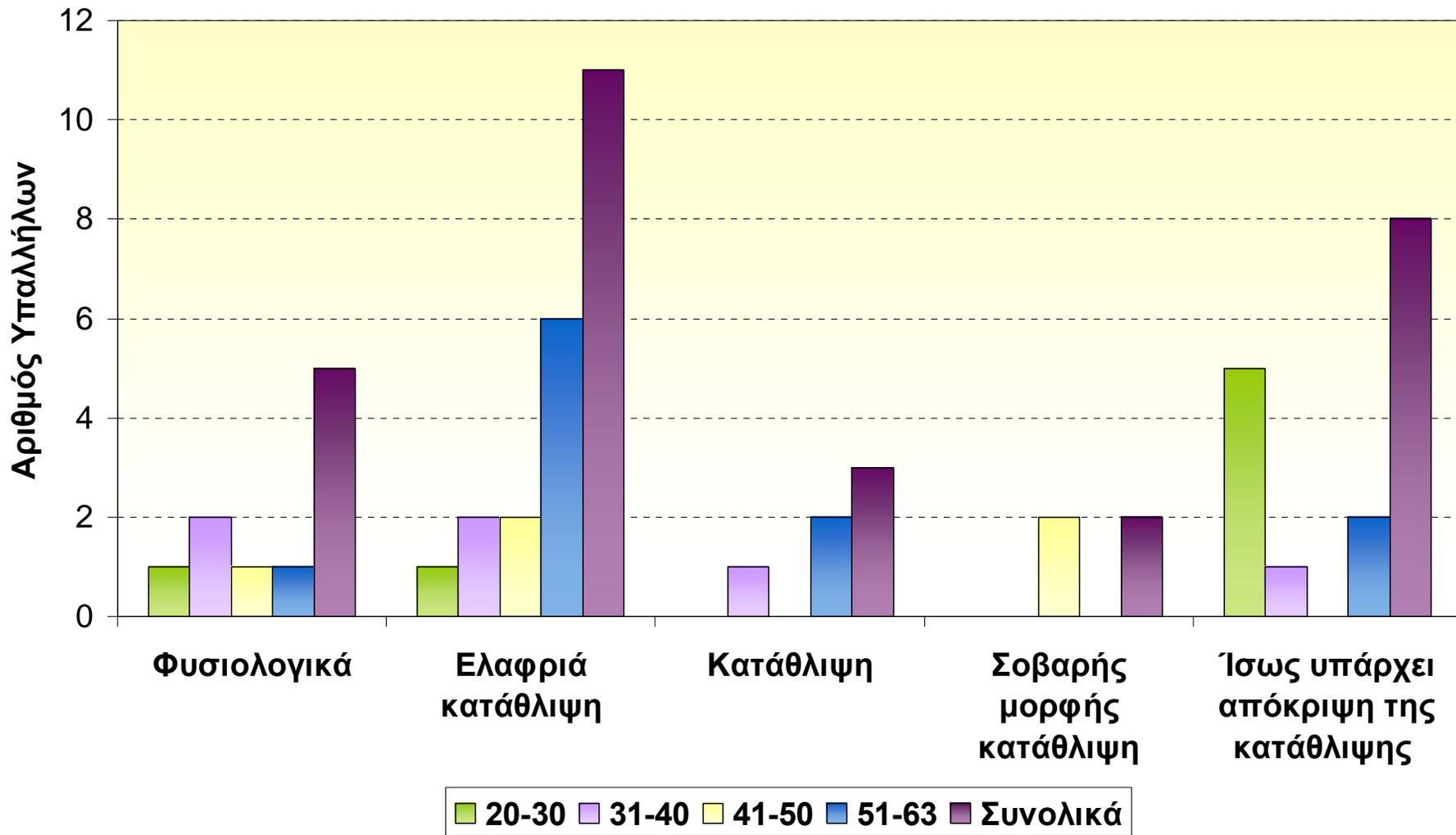




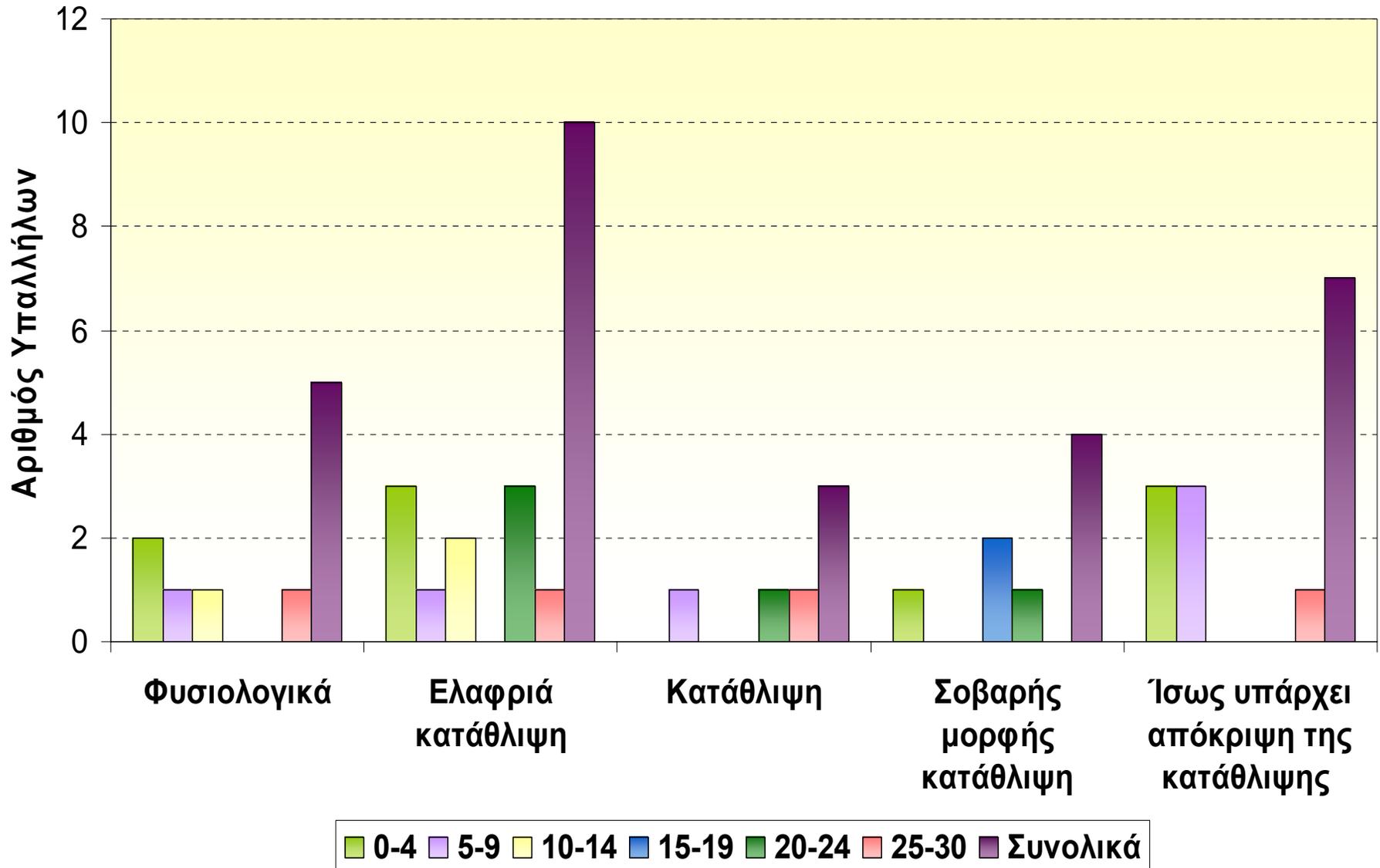
Depression



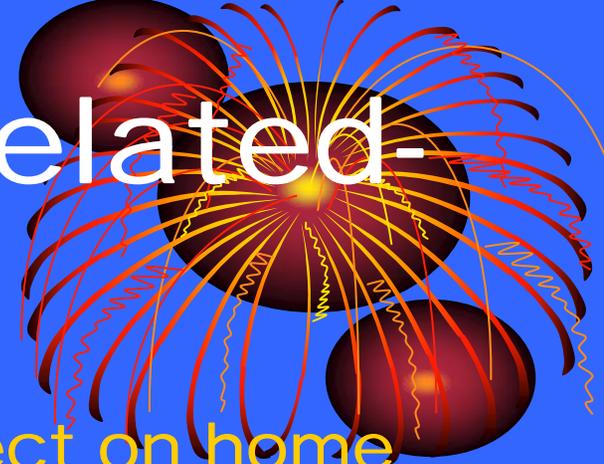
Depression according to age



Depression according to years of work



Sources of work related- stress



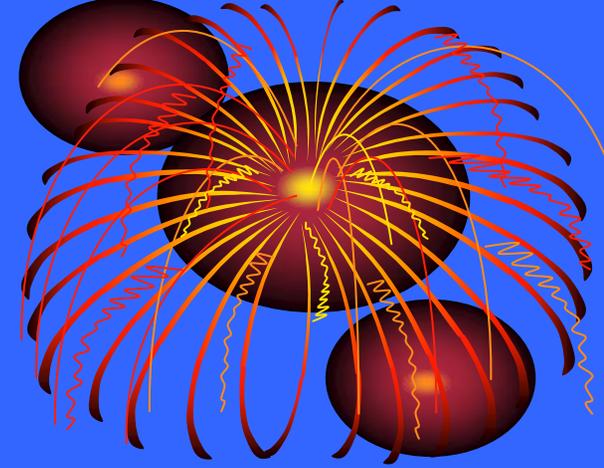
- Feeling overloaded and its effect on home life.
- Lack of training and education.
- The role of the professionals at the NGO.
- The role of the management council.
- Inadequate facilities (equipment, space) to do our job properly.
- Dealing with distressed patients and relatives.
- Encountering difficulties in relationships with colleagues.



Stressful aspects of work



- Encountering difficulties in relationship with administrative staff.
- Having an overall volume of work.
- Encountering difficulties in relationships with managers.
- Feeling they are poorly paid for the job they do
- Inadequate staff.
- Having a conflict of responsibilities.(Clinical Vs managerial)
- Uncertainty over the future funding of the association.



- Maintaining and improving professional carers' mental health is essential for their own well being and for the quality of care that they provide to patients. (Addington-Hall, Ramirez, 2006)

