
**What am I
going to be?**

Ballerina



NNO

Nurse



NO

Manager



A baby wearing a black top hat and holding a white rabbit, with a large 'NO' overlaid on the image. The baby is sitting on a brown carpet, holding a black wand with a white tip in their right hand. The 'NO' is written in a large, bold, purple-to-pink gradient font with a black outline. The baby's left hand is raised in a gesture.

NO

Magician

Fireman

©Tom Arma

NO



Rock star

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NO





YES

Government employee



Government employee

Quality of Life Among Terminally ill Cancer Patients in Jordan

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Introduction

- Concern for maintaining quality of life for patients has always been an important issue in oncology and its precise measurement is becoming more and more important.
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Introduction...

- Quality of life is believed to be the most important outcome of care at the end of life in the terminal phase of illness; however, the character of the brief time remaining to the patient is likely to be more important than its exact length. In such cases, the health care givers purpose is helping to make these last days as meaningful and comfortable as possible.
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Introduction...

- Both the disease, and in many cases its treatment, have profound physical and emotional effects on patients.
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Situation in Jordan

specialist palliative care services are offered by two organizations:

- Al Malath Foundation for Humanistic Care
- King Hussein Cancer Centre.

Additionally, supportive care is offered at the Al Basheer Hospital.

King Abdullah University Hospital

- is considered to be one of the distinct landmarks in Jordan as to its design and health care services intended.
 - The oncology ward contains 16 beds and they have two oncologists for adults and one for pediatrics, also there is an outpatient chemotherapy clinic.
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If you don't measure, you'll have nothing to evaluate, nothing will be changed

- study was a descriptive, cross sectional design with data collected from subjects over a three months period.
 - Purpose
 - Questions
 - Settings.
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To recruit participants for this study the inclusion criteria will included:

1. age above 18 years old
 2. able to read and write and speak Arabic
 3. hemodynamically stable
 4. diagnosed as terminally ill cancer patient as documented on there medical records.
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The exclusion criteria included:

- (1) patients with psychiatric disorder
 - (2) having important events like a death of a family member (QOL is considered a continuous process that is affected by many important daily events).
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Sample.

- A convenient sample of 84 patients (63 patients from K.A.U.H, 21 patients from Almalath Foundation)

*mean age was 48 years,

*43% were males and 57% were females.

*The majority were diagnosed with leukemia and breast cancer, unemployed, and exposed to chemotherapy treatment modality.

instruments:

1. Sociodemographic data checklist (SDC)
 2. McGill Quality of Life Questionnaire (MQOL)
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- developed by Dr. Robin Cohen and Dr. Balfour Mount of the Division of Palliative Care, Dept. of Oncology, MQOL has been designed to measure subjective well-being, that is, the patient's experienced quality of life. MQOL comprises five sub-measures relating to: Physical Symptoms; Physical Well-being; Psychological Well-being; Existential Well-being; and Support.
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Results:

- 21% of patient's scores around 5, indicating a moderate quality of life score.

PART A

Considering all parts of my life - physical, emotional, social, spiritual, and financial -
over the past two (2) days the quality of my life has been:

very bad 0 1 2 3 4 5 6 7 8 9 10 **excellent**

most common physical problems reported
by these patients were:

- pain
 - nausea
 - general weakness.
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- In terms of the psychosocial aspects no major differences were found between the two settings. However, patients at Almalath Foundation experienced better care and felt more supported
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PART D

Please list or describe the things which had the greatest effect on your quality of life in the past two (2) days. Please tell us whether each thing you list made your quality of life better or worse during this time. If you need more space, please continue on the back of this page.

- Most of the patients expressed that social support had the greatest effect on making their quality of life better; while psychological problems in general had a negative impact on their quality of life.
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- this study makes an important contribution to better understanding of those patients and their needs and concerns. which will guide the health team professionals in assessing and promoting end of life care among those patients in Jordan.
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- The time I spent with patients was very enriching, soul soothing, and quite frankly gave life another meaning.
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These are some of the words that patients like to communicate to us:

- It is nice to forgive each other, yet it is better to forgive ourselves.
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- Do not waste your health collecting money as you might spend this money trying to recover.
 - Enjoy the moment and don't worry about what will happen tomorrow.
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- The rich is the one who needs less.
 - If someone hurts you, forget and forgive.
 - It is a good feeling to be loved by others.
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- Do not compare yourself by others, be your own.
 - It takes a moment to hurt someone, but it takes a lifetime to recover.
 - Always look at the positive side of things, the glass is half full.
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- Take the time to tell loved ones how much you care, and never shy to express your feelings.
 - We always try to be wiser, however; being a kid is the wisest feeling that you can ever experience.
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