

MIDDLE EAST CANCER CONSORTIUM



Workshop on Psycho-Oncology: The role and involvement of the patient's family

Lordos Beach Hotel

Larnaca, Cyprus, May 30 – June 1, 2008

DAY 1- May 30th, 2008

09:00-09:05 **Welcome remarks** – Dr. Charitini Komodiki, Act. Permanent Secretary, Ministry of Health, Cyprus
09:05-09:25 **MECC Introduction**

SESSION I : Psycho-Oncology practice today I

Chairs: Prof. Michael Lumpkin, USA & Mrs. Barbara Pitsillides, Cyprus

09:25-09:45 **The Public Health Approach to Palliative Care: A WHO Perspective-** Dr. C. Sepulveda, WHO Geneva

09:45-10:05 **Improving communication with patients and relatives: a new challenge -**
Prof. Darius Razavi, Belgium

10:05-10:25 **The caregiver: an occult patient?** - Prof. Lodovico Balducci, USA

10:25-10:50 Coffee Break

SESSION II : Psycho-Oncology practice today II

Chairs: Prof. Aviad Haramati, USA & Prof. Kamer Uysal, Turkey

10:50-11:10 **Training of communicating skills between the medical staff and the patient's relatives –**
Prof. Uwe Koch, Germany

11:10-11:30 **Paradox of family - spouses communication in cancer illness: a cultural dimension -**
Prof. Lea Baider, Israel

11:30-11:50 **Communication about spiritual issues and concerns with families of seriously ill persons**
–Sr. Patricia Parachini, USA

11:50-12:05 **Teaching professionals on how to support patients & families with cancer-**
Mr. Antonis Tryphonos, Cyprus

12:05-12:20 **Education of physicians and nurses in end of life care -** Dr. Carlos Gomez, USA

12:20-14:00 Lunch

SESSION III : Psychological interventions as related to the patient's family

Chairs: Prof. Lodovico Balducci, USA & Dr. Maha Arnaout, Jordan

14:00-14:15 **The hospital nurses view -** Mrs. Ibtisam Mohammad Ghrayeb, PA

14:15-14:30 **The home care nurse view –** Mrs. Barbara Pitsillides, Cyprus

14:30-14:45 **The Social Worker view –** Ms. Anat Zakai, Israel

14:45-15:00 **Open discussion**

15:00-15:20 **"Your 1st Encounter with Death" .Guided Imagery -** Mrs. Lynne D. Halamish, Israel

15:20-15:50 Coffee Break

15:50-16:10 **Mind-Body Medicine: An Introduction to Healing Experiences -** Ms. Nancy Harazduk, USA

16:10-17:10 **Mind – Body experiential exercises: Body Scan for Increased Self-Awareness,**
participants divided into 3 groups.

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DAY 2- May 31st, 2008

SESSION IV: Personal experiences

Chairs: Prof. Darius Razavi, Belgium & Mrs. Lynne D. Halamish, Israel

- 09:00-09:15 Prof. Michael Lumpkin, USA
09:15-09:30 Mrs. Miri Ziv, Israel
09:30-09:45 Ms. Nancy Harazduk, USA
09:45-10:05 Ms. Sandra Simenhoz, Israel
10:05-10:20 Mrs. Ibtisam Mohammad Ghrayeb, PA

10:20-11:00 Coffee Break

- 11:00-11:30 Mr. Ido Zac, Israel (X2)
11:30-12:00 **Open discussion-** Mrs. Lynne D. Halamish, Israel
12:00-12:30 **"Looking for the Light".** - Mrs. Lynne D. Halamish, Israel

12:30-14:00 Lunch

SESSION V: Effects on the close family

Chairs: Prof. Leslie Walker, UK & Dr. Carlos Gomez, USA

- 14:00-14:15 **Bereavement and cancer-** Dr. Itzhak Levav, Israel
14:15-14:30 **"The effects of having a child with cancer on the close family members".**
The Turkish experience – Prof. Kamer Uysal, Turkey
14:30-14:45 **The Jordanian experience-** Mr. Khalouf Abdel Rahman, Jordan
14:45-15:00 **A Pediatric Psychologist's view–** Mrs. Elena Abigail Krivoy, Israel
15:00-15:20 **Open discussion**

15:20-15:50 Coffee Break

SESSION VI: Difficult Decisions and Choices in Palliative Care

Chairs: Prof. Myriam Ben Arush, Israel & Dr. Mohamed Ezzat Amin, Egypt

- 15:50-16:10 **Facing difficult states in clinical practice – case studies-** Prof. Aziza Shad, USA
16:10-16:25 **The involvement of the social worker** - Ms. Mary Lanne, USA
16:25-16:40 **The involvement of the spiritual member of the treating team** - Sr. Pat Parachini, USA
16:40-17:00 **Panel discussion:** Prof. Shad, Ms. Lane, Sr. Parachini, Prof. Ben Arush, Dr. Gomez, Ms. Rogers

17:00-18:00 **Mind – Body experiential exercises: Mindfulness Meditation for Coping with the Stresses of Care giving,** participants divided into 3 groups.

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DAY 3- June 1st, 2008

SESSION VII: Communication and Denial right or obligation

Chairs: Dr. Cecilia Sepulveda, Switzerland & Prof. Lea Baider, Israel

- 09:00-09:15 **The view of the Pediatric care givers (Doctor)** – Prof. Miriam Ben Arush, Israel
09:15-09:30 **The view of the Geriatric care givers (Doctor)** –Dr. Amitai Oberman, Israel
09:30-09:45 **Denial: what is the family's right or obligation-** Dr. Maha Arnaout, Jordan
09:45-10:00 **Denial: the right to know vs the duty to be aware** – Dr. Shlomit Perry, Israel
10:00-10:15 **Understanding denial: oncology nurse's perspective** - Dr. Nagwa Elkateb, Egypt

10:15-10:45 Coffee Break

SESSION VIII: Interactive activity

Chairs: Prof. Uwe Koch, Germany & Dr. Dima Ratib Ezmigna, Jordan

- 10:45-11:00 **The organization of psychosocial support within palliative care-** Prof. Leslie Walker, UK
11:00-11:15 **psychological and physical suffering of cancer patients during radiotherapy and the impact of psychotherapy in such issue.-**Dr. Mohamed Ezzat, Egypt
11:15-11:30 **Perspectives of Palliative Care in Saudi Arabia-** Dr. Amani Babgi, Saudi Arabia
11:15-12:30 **Mind – Body experiential exercises: Guided Imagery for Enhancing Health and Well-Being during Difficult Times,** participants divided into 3 groups.

12:30-14:00 Lunch

14:00-14:30 Summary of the meeting – Panel

Chair: Prof. Aziza Shad, USA

Prof. Darius Razavi, Belgium,
Prof. Leslie Walker, UK
Prof. Uwe Koch, Germany
Dr. Cecilia Sepulveda, Switzerland
Prof. Lea Baider, Israel
Prof. Kamer Uysal, Turkey
Dr. Carlos Gomez, USA

- 14:30-15:00 **Presentation of certificates and closing remarks by Prof. Silbermann**

Meeting adjourned